

women's weekend workshop

goddess getaway

Honour and treat yourself to this life changing retreat. This weekend workshop by Sacred Journeys Healing Arts Centre is all about you!

Learn and share:

- Do you feel ready for profound change in your life?
- Are you ready to truly create the life of your dreams?
- Affirm, heal and express your beautiful (Goddess) self in a loving, supportive and nurturing environment with like-minded women
- Strengthen your mind/body/spirit
- Empower your growth with healing processes, concrete information, daily meditation and exercises to help you move into your authentic beautiful self
- Embark on this wondrous journey to awaken, embrace and celebrate the amazing Goddess in you

Included in this healing weekend:

- Workshop tuition; including binder, books and gifts!
- Friday: full gourmet dinner
- Saturday: 3 meals and 2 snacks
- Sunday: breakfast, lunch and 2 snacks
- 2 nights luxurious accommodation

Details:

Dates:	April 25-27, 2008
Location:	The Waring House, Picton, Ontario
Friday:	Check-in at 3pm, (dinner at 6:30pm as a group, with mini get-together to follow)
Saturday:	Full day workshop
Sunday:	Full day workshop (retreat ends at 5pm)
Pricing:	\$749 shared accommodation \$795 single

Experience peace and rejuvenation:

Relax and rejuvenate your spirit while enjoying gourmet food, beautiful surroundings, king size feather beds, fireplaces and hot tubs.

Join us at The Waring House, in beautiful Prince Edward County, for this special goddess getaway. "The House Next Door" has been reserved for this special weekend, which includes a full living room with a fireplace just for us. Bring comfy cozy clothes, your favourite blanket to curl up with by the fireplace, and spend time connecting with others.

For more information on The Waring House, including a map and directions, go to their website at: www.waringhouse.com

Weekend workshop hosted by:

Facilitator: Cheryl Hiebert, M.Div.
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A limited number of spaces are available. Call Sacred Journeys today for complete details and to register early.

Registration deadline: April 6, 2008